



# “Sexual Enlightenment: A One-Man Show”

## A Multimedia Theatrical Experience

<http://www.tantranova.com/sexual-enlightenment-a-one-man-show/>

## Featuring Freddy Zental Weaver

Chicago actor, musician and stand-up comedian, Freddy Zental offers a provocative, progressive “One Man’s Journey to Sexual Enlightenment” show that gives insight into today’s myths of the sexual experience. All at once entertaining, humorous, bold and enlightening. Notes artist and playwright Zental: “While I offer a personal account of my journey in this multimedia show, this is also every person’s journey.”

In this performance, Zental takes his audience on a truly entertaining and often hilarious exploration of his life experiences concerning love, sex and intimacy. The play is packed with storytelling, drumming, standup comedy, singing and movement. All are used in service of demystifying those intimate, personal impacting moments that so often go unexamined or trivialized. It’s been called the male counter stage performance to Eve Ensler’s “The Vagina Monologues.”

As Zental’s personal story unfolds the audience is reminded, “As you listen to my story, think about your own.” The play is a playful invitation for us all to get in touch with old feelings and fixed ways of being that might be in the way of our dreams and passions. Zental intentionally created the play as an introduction to sexual enlightenment or sex consciousness inspired by ancient Eastern traditions and insights that allow for cultivating creativity and joy in our lives.

Over the past decade, Zental has toured the United States performing at playhouses and theaters, yoga centers, conferences, performing arts centers, festivals, and private events.

*“Two thumbs up! Five stars! In his one-person play, Freddy Zental publicly celebrates sexuality with simpleness, gentleness, compassion, and profoundness. His journey becomes a reflection for our own. The play is theatre, comedy, and wisdom teaching all in one. Sexual Enlightenment rocks . . . our soul.”*

Kenneth Ray Stubbs, Ph.D., Film Producer and Author of “The Essential Tantra”



**Mr. Freddy Zental Weaver** is a performing artist, accomplished percussionist, stand-up comedian and storyteller with a one-man show touring the United States. An actor since the age of eight years old, he has appeared in “Medea” with Beah Richards and Maya Angelou, readings with Universal Studios, “Black on Black” at the University of Hawaii, and “The Life and Times of Thomas Paine” in San Francisco. He is known onstage for his standup comedy shows, Conga and Djembe Drumming.

Zental is the producer of **Oneness**, a music CD with original songs by Zental.

<http://www.cdbaby.com/cd/zental>